



# MFA for Grade School

Kinesthetic Listening Center

Scoring Key:

Never - 0  
Occasionally - 1  
Frequently - 2  
Always - 3

## BALANCE, GROSS & FINE MOTOR CONTROL:

1) Consistently walks on tiptoes

Never  Occasionally  Frequently  Always

2) Has trouble distinguishing between left and right

Never  Occasionally  Frequently  Always

3) Shifts preference of dominant hand use for tasks

Never  Occasionally  Frequently  Always

4) Has difficulty learning to type with both hands

Never  Occasionally  Frequently  Always

5) Avoids movement activities (swings, climbing, playground activities)

Never  Occasionally  Frequently  Always

6) Is constantly moving, tapping foot or pencil, drumming (may increase when trying to pay attention)

Never  Occasionally  Frequently  Always

7) Bumps into people/objects; gets too close to others; unaware of personal space

Never  Occasionally  Frequently  Always

8) Exhibits poor posture, slumps or slouches

Never  Occasionally  Frequently  Always

9) Has poor endurance, is weak and tires easily, avoids physical activity

Never  Occasionally  Frequently  Always

10) Has poor/illegible handwriting

Never  Occasionally  Frequently  Always

11) Exhibits poor balance and falls easily, avoids balance-related activities (scooter, bike-riding)

Never  Occasionally  Frequently  Always

12) Has a poor sense of rhythm, timing

Never  Occasionally  Frequently  Always

13) Has difficulty learning fine motor tasks, such as writing, scissors, art projects

Never  Occasionally  Frequently  Always

14) Has difficulty learning new gross motor activities (bicycle, swimming, throwing, catching, climbing)

Never  Occasionally  Frequently  Always

SENSORY :

15) Seems bothered by textures on body (i.e. sticky items, sand/dirt, working with paint/glue, clothing fabrics/tags)

- Never  Occasionally  Frequently  Always

16) Seems uncomfortable in certain clothes; has preferences for clothing textures

- Never  Occasionally  Frequently  Always

17) Avoids many foods and/or foods with varying textures, such as fruit in yogurt or nuts in a candy bar

- Never  Occasionally  Frequently  Always

18) Bothered by background noise (i.e., humming of lights, school intercom, computers, fans)

- Never  Occasionally  Frequently  Always

19) Doesn't like being touched/over responds to unexpected touch/bumps

- Never  Occasionally  Frequently  Always

20) Seems easily overwhelmed or upset by environmental noises (sirens, flushing of toilet, vacuums)

- Never  Occasionally  Frequently  Always

21) Plays too roughly; hurts others inadvertently

- Never  Occasionally  Frequently  Always

22) Is constantly on the move, seeks intense, crashing or rough play

- Never  Occasionally  Frequently  Always

23) Avoids sustained eye contact

- Never  Occasionally  Frequently  Always

24) Seems unaware/under-responds to body sensations: hunger, fullness, hot or cold, pain

- Never  Occasionally  Frequently  Always

25) Doesn't seem to notice external sensory stimuli (touch, smells, noise )

- Never  Occasionally  Frequently  Always

26) Has difficulty judging force required for task (breaks pencil lead, holds pencil tightly, throws ball too hard)

- Never  Occasionally  Frequently  Always

27) Has an activity level that seems unusually high

- Never  Occasionally  Frequently  Always

28) Has an activity level that seems unusually low

- Never  Occasionally  Frequently  Always

29) Avoids contact with others; avoids crowded places (prefers being by self, standing aside from the group)

- Never  Occasionally  Frequently  Always

30) Seems fearful when feet are off the ground (swinging, climbing)

- Never  Occasionally  Frequently  Always

31) Constantly makes vocal noises, i.e., humming

- Never  Occasionally  Frequently  Always

**SOCIAL / EMOTIONAL:**

32) Is easily overwhelmed; frustrated by activities, such as homework. chores

- Never  Occasionally  Frequently  Always

33) Appears emotionally intense in most activities

- Never  Occasionally  Frequently  Always

34) Has frequent mood fluctuations

- Never  Occasionally  Frequently  Always

35) Appears anxious, bites nails; face and body are not relaxed

- Never  Occasionally  Frequently  Always

36) Is easily upset/hurt; takes a long time to recover

- Never  Occasionally  Frequently  Always

37) Responds with exaggerated emotion to external sensory stimuli

Never  Occasionally  Frequently  Always

38) Does not transition smoothly from one activity to another

Never  Occasionally  Frequently  Always

39) Has difficulty making and keeping friends

Never  Occasionally  Frequently  Always

40) Lacks confidence with new environments and new tasks

Never  Occasionally  Frequently  Always

41) Seems “needy” – lacks independence, has low self-reliance, has low self-esteem

Never  Occasionally  Frequently  Always

42) Prefers to interact with others 3 or more years younger

Never  Occasionally  Frequently  Always

43) Responds to situations in an immature manner for age

Never  Occasionally  Frequently  Always

44) Avoids social situations; prefers to be alone

Never  Occasionally  Frequently  Always

45) Is possessive with belongings; doesn't share well

Never  Occasionally  Frequently  Always

46) Lacks tactfulness; acts impulsively

Never  Occasionally  Frequently  Always

47) Has difficulty self-regulating actions and/or emotions

Never  Occasionally  Frequently  Always

#### AUDITORY / LANGUAGE:

48) Says "What?" or "Huh?", needs instructions repeated

Never  Occasionally  Frequently  Always

49) Has difficulty interpreting tone of voice – e.g. angry vs. joking

Never  Occasionally  Frequently  Always

50) Seems to have a delayed response with processing directions/questions

Never  Occasionally  Frequently  Always

51) Dislikes shrill sounds, or popping sounds, such as fireworks, balloons

Never  Occasionally  Frequently  Always

52) Has difficulty determining from what direction a sound is coming

Never  Occasionally  Frequently  Always

53) Confuses similar sounding words, such as 'mouth' and 'mouse'

Never  Occasionally  Frequently  Always

54) Is difficult to understand; doesn't speak clearly; mumbles

Never  Occasionally  Frequently  Always

55) Speaks with monotone voice

Never  Occasionally  Frequently  Always

56) Has difficulty identifying and distinguishing between different sounds or letters

Never  Occasionally  Frequently  Always

57) Is fairly easily distracted by sounds; loses concentration

Never  Occasionally  Frequently  Always

58) Cannot identify words that rhyme

Never  Occasionally  Frequently  Always

59) Uses poor grammar; doesn't speak in complete sentences

Never  Occasionally  Frequently  Always

60) Needs hands-on or visual instructions along with verbal

Never  Occasionally  Frequently  Always

61) Is unable to recall the number of letters, numbers, or words in a series equivalent to his/her peers



Never  Occasionally  Frequently  Always

62) Has difficulty responding to simple questions (who, what, where)

Never  Occasionally  Frequently  Always

63) Exhibits difficulty organizing thoughts; stumbles over words

Never  Occasionally  Frequently  Always

64) Is unable to complete two unrelated commands (e.g., "Put your math book away and get your spelling homework.")

Never  Occasionally  Frequently  Always

65) Has poor reading fluency

Never  Occasionally  Frequently  Always

66) Has difficulty with spelling and/or acquiring or using phonics rules

Never  Occasionally  Frequently  Always

#### ORGANIZATION / ATTENTION / COGNITIVE:

67) Is easily distracted; is not able to stay on task (shorter attention span than peers)

Never  Occasionally  Frequently  Always

68) Has difficulty getting/finding clothes, getting dressed in the morning

Never  Occasionally  Frequently  Always

69) Forgets/loses items, such as jacket, hat, backpack, homework and other belongings

Never  Occasionally  Frequently  Always

70) Gazes into space/appears to be in own world

Never  Occasionally  Frequently  Always

71) Has difficulty sitting still; moves a lot, especially if trying to pay attention

Never  Occasionally  Frequently  Always

72) Interrupts others

Never  Occasionally  Frequently  Always

73) Has disorganized notes or poor study skills

Never  Occasionally  Frequently  Always

74) Forgets things just explained

Never  Occasionally  Frequently  Always

75) Has difficulty listening to stories; is unable to maintain attention to favorite ones

Never  Occasionally  Frequently  Always

76) Must re-read material several times to comprehend

Never  Occasionally  Frequently  Always

77) Is unable to keep up with new lesson; needs additional time and tutoring

Never  Occasionally  Frequently  Always

78) Has difficulty shifting attention from one activity or object to another (more so than peers)

Never  Occasionally  Frequently  Always

79) Has difficulty planning ahead (leaving the classroom or gym for another activity)

Never  Occasionally  Frequently  Always

80) Often fails to begin or complete tasks or projects

Never  Occasionally  Frequently  Always

81) Demonstrates poor judgment and reasoning skills; does not recognize cause and effect

Never  Occasionally  Frequently  Always

82) Is constantly making vocal noises to stay attentive (i.e., humming, talking to self)

Never  Occasionally  Frequently  Always

83) Has a tendency to ramble, can't "get to the point"

Never  Occasionally  Frequently  Always

84) Has difficulty organizing personal spaces/takes a long time to perform daily activities

- Never  Occasionally  Frequently  Always

85) Has difficulty organizing thoughts on paper comparably to his/her peers

- Never  Occasionally  Frequently  Always

86) Is unable to remember three or more verbal instructions at a time to complete a sequence or task

- Never  Occasionally  Frequently  Always

SLEEP:

87) Lies awake for half an hour or more before falling asleep

- Never  Occasionally  Frequently  Always

88) Awakens more than once during the night

- Never  Occasionally  Frequently  Always

89) Cannot get back to sleep easily

- Never  Occasionally  Frequently  Always

90) Has thoughts racing through mind preventing getting to sleep

- Never  Occasionally  Frequently  Always

91) Has fitful sleep cycles (tosses, turns, restless)

Never  Occasionally  Frequently  Always

92) Moves to someone else's bed during the night (parent, sibling, etc.)

Never  Occasionally  Frequently  Always

93) Awakens during the night and is sweating, screaming and inconsolable

Never  Occasionally  Frequently  Always

94) Wakes up grouchy, irritable, fussy and mood persists throughout the day

Never  Occasionally  Frequently  Always

95) Feels sleepy and struggles to remain alert during day

Never  Occasionally  Frequently  Always

96) Is hard to wake up in the morning

Never  Occasionally  Frequently  Always