



MFA for PreSchool

Scoring Key:

Never - 0
Occasionally - 1
Frequently - 2
Always - 3

BALANCE, GROSS & FINE MOTOR CONTROL:

1) Consistently walks on tiptoes

Never Occasionally Frequently Always

2) Avoids movement activities (swings, climbing, playground activities)

Never Occasionally Frequently Always

3) Bumps into people/objects; gets too close to others; is unaware of personal space

Never Occasionally Frequently Always

4) Exhibits poor endurance, is weak and tires easily, avoids physical activity

Never Occasionally Frequently Always

5) Seems clumsy, awkward, or accident prone

Never Occasionally Frequently Always

6) Demonstrates poor eye-hand coordination

Never Occasionally Frequently Always

7) Has difficulty with combining or remembering next movement in a sequence

Never Occasionally Frequently Always

8) Avoids playing with toys that require increased dexterity (fine motor manipulation)

Never Occasionally Frequently Always

9) Has difficulty catching things

Never Occasionally Frequently Always

10) Exhibits poor balance and falls easily, avoids balance-related activities (scooter, teeter totter)

Never Occasionally Frequently Always

11) Demonstrates a poor sense of rhythm, timing

Never Occasionally Frequently Always

12) Has difficulty learning fine motor tasks, such as using crayons, building blocks or scissors

Never Occasionally Frequently Always

13) Has difficulty learning new motor activities (tricycle, swimming, throwing, catching, climbing)

Never Occasionally Frequently Always

SENSORY:

14) Seems bothered by textures on body (i.e. sticky items, sand/dirt, working with paint/glue, clothing fabrics/tags)

Never Occasionally Frequently Always

15) Resists dressing or seems uncomfortable in certain clothes; has preferences for clothing textures

Never Occasionally Frequently Always

16) Avoids messy play; does not like face, hands, or feet to be dirty

Never Occasionally Frequently Always

17) Avoids many foods and/or foods with varying textures, such as fruit in yogurt or nuts in a candy bar

Never Occasionally Frequently Always

18) Bothered by background noise (i.e., humming of lights, school intercom, computers, fans)

Never Occasionally Frequently Always

19) Bothered by loud and/or unexpected sounds, such as intercom, door closing loudly, flushing toilet, fire alarm

Never Occasionally Frequently Always

20) Doesn't like being touched/over responds to unexpected touch bumps

Never Occasionally Frequently Always

21) Doesn't notice pain or has a slow response to pain when hurt

Never Occasionally Frequently Always

22) Plays too roughly; hurts others inadvertently

Never Occasionally Frequently Always

23) Constantly on the move; seeks intense, crashing or rough play

Never Occasionally Frequently Always

24) Avoids sustained eye contact

Never Occasionally Frequently Always

25) Doesn't seem to notice external sensory stimuli (touch, smells, noise)

Never Occasionally Frequently Always

26) Has an activity level that seems unusually high

Never Occasionally Frequently Always

27) Has an activity level that seems unusually low

Never Occasionally Frequently Always

SOCIAL / EMOTIONAL:

28) Appears irritable, short-tempered

Never Occasionally Frequently Always

29) Is easily overwhelmed, frustrated by daily life activities

Never Occasionally Frequently Always

30) Seems emotionally intense in most activities

Never Occasionally Frequently Always

31) Exhibits frequent mood fluctuations

Never Occasionally Frequently Always

32) Seems easily upset/hurt; takes a long time to recover

Never Occasionally Frequently Always

33) Does not transition smoothly from one activity to another (going from reading group to recess, etc.)

Never Occasionally Frequently Always

34) Has difficulty making and keeping friends

Never Occasionally Frequently Always

35) Lacks confidence with new environments and new tasks

Never Occasionally Frequently Always

36) Is not affectionate, not touching or hugging

Never Occasionally Frequently Always

37) Avoids social situations; prefers to be alone

Never Occasionally Frequently Always

38) Seems overly possessive with belongings; doesn't share well

Never Occasionally Frequently Always

39) Responds with exaggerated emotion to external sensory stimuli

Never Occasionally Frequently Always

AUDITORY / LANGUAGE:

40) Has difficulty understanding what others are saying

Never Occasionally Frequently Always

41) Says "What?" or "Huh?", needs instructions repeated, prefers visual cues

Never Occasionally Frequently Always

42) Seems slow to react to speech/directions

Never Occasionally Frequently Always

43) Dislikes shrill sounds, or popping sounds, such as fireworks, balloons

Never Occasionally Frequently Always

44) Has difficulty determining from what direction a sound is coming

Never Occasionally Frequently Always

45) Has difficulty discriminating spoken words or sounds (confuses similar sounding words)

Never Occasionally Frequently Always

46) Is difficult to understand; doesn't speak clearly; mumbles

Never Occasionally Frequently Always

47) Speaks with monotone voice

Never Occasionally Frequently Always

48) Has difficulty identifying and distinguishing between different sounds or letters

Never Occasionally Frequently Always

49) Has difficulty rhyming words

Never Occasionally Frequently Always

50) Needs hands-on or visual instructions along with verbal

Never Occasionally Frequently Always

51) Is unable to recall the number of letters, numbers, or words in a series equivalent to his/her peers

- Never Occasionally Frequently Always

52) Has difficulty responding to simple questions (who, what, where)

- Never Occasionally Frequently Always

53) Has difficulty listening to short stories and is unable to maintain attention to favorite ones

- Never Occasionally Frequently Always

54) Is unable to remember two to three verbal instructions at a time to complete sequence or task

- Never Occasionally Frequently Always

55) Is unable to complete two unrelated commands (e.g., "Put your book away; stand in line)

- Never Occasionally Frequently Always

ORGANIZATION / ATTENTION / COGNITIVE:

56) Has difficulty getting/finding backpack, jacket, materials to take home

- Never Occasionally Frequently Always

57) Needs frequent redirection and/or refocusing toward task at hand

- Never Occasionally Frequently Always

58) Gazes into space/appears to be in own world

- Never Occasionally Frequently Always

59) Has difficulty self-regulating actions and/or emotions

- Never Occasionally Frequently Always

60) Is easily distracted; not able to stay on task (shorter attention span than peers)

- Never Occasionally Frequently Always

61) Has difficulty shifting attention from one activity or object to another (more so than peers)

- Never Occasionally Frequently Always

62) Has a tendency to ramble, can't "get to the point"

- Never Occasionally Frequently Always

SLEEP:

63) Needs parent in the room to fall asleep

- Never Occasionally Frequently Always

64) Lies awake for half an hour or more before falling asleep

- Never Occasionally Frequently Always

65) Awakens more than once during the night

- Never Occasionally Frequently Always

66) Cannot get back to sleep easily

- Never Occasionally Frequently Always

67) Has fitful sleep cycles (tosses, turns, restless)

- Never Occasionally Frequently Always

68) Moves to someone else's bed during the night (parent, sibling, etc.)

- Never Occasionally Frequently Always

69) Awakens during the night and is sweating, screaming and/or inconsolable

- Never Occasionally Frequently Always

70) Seems hard to wake up in the morning

- Never Occasionally Frequently Always

71) Wakes up grouchy, irritable, fussy and mood persists throughout the day

- Never Occasionally Frequently Always

72) Feels sleepy and struggles to remain alert during day

- Never Occasionally Frequently Always